



## Pathways to Care: Children and Family Treatment and Support Services

Children and Family Treatment and Support Services (CFTSS) are intended to be individualized to the needs of the child at any point in their developmental trajectory. CFTSS include Other Licensed Practitioner (OLP) services, Community Psychiatric Supports and Treatment (CPST) services, Psychosocial Rehabilitation (PSR) services, and Family Peer Support Services (FPSS).

Crisis Intervention (CI) and Youth Peer Support and Training (YPST) are anticipated to begin on January 1, 2020 - dependent upon approval from CMS. They are currently available to children receiving Home and Community Based Services.

### Accessing CFTSS

**Referral:** when an individual or service provider identifies a behavioral health need in a child/youth and/or their family and makes a linkage/connection to a CFTSS designated service provider for the assessment for and provision of a service that can meet that need. This can simply include finding a provider in the child/youth's Medicaid Managed Care network, or a local provider if a child/youth has regular Medicaid.

A behavioral health need can be identified, and a referral to CFTSS can be made by multiple sources, including:

1. The young person themselves
2. Parents and other caregivers
3. Service Providers (e.g. Pediatricians, Clinicians, etc.)
4. Care Managers (e.g. Health Home)
5. School personnel
6. County personnel (e.g. SPOA)

For Rehabilitative Services (*currently CPST, PSR, and FPSS*), anyone can make a referral for services, but a **recommendation** for service provision must also be made by a Licensed Practitioner of the Healing Arts (LPHA)<sup>1</sup> who can determine and document medical necessity. For OLP, anyone can refer for this service, the practitioner is responsible for determining medical necessity.

**Recommendation:** when a treating or assessing LPHA identifies a particular need in a child/youth based on their completed assessment and documents the medical necessity for a specific service.

If the licensed practitioner is or will provide treatment to the child, they can also include the service on the child/youth's treatment plan, identifying which components of the services are required to meet the child's needs based on the assessment and including those components in the treatment plan.

**Recommendations** must be:

1. In writing
2. Signed and dated;
3. Include an explanation of the medical need for the service; and
4. Have the NPI# of the LPHA, if an enrollable practitioner type; if not, the NPI# of the employing agency of the LPHA

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<sup>1</sup> An individual professional who is licensed as a Registered Professional Nurse, Nurse Practitioner, Psychiatrist, Licensed Psychologist, Licensed Psychoanalyst, Licensed Master Social Worker (LMSW), Licensed Clinical Social Worker (LCSW), Licensed Marriage & Family Therapist, Licensed Mental Health Counselor, Licensed Creative Arts Therapist, or Physician (per OMH 599 regulations) and practicing within the scope of their State license to recommend Rehabilitation services.