

## Resilience Informed Service Environments (RISE)

Evaluation of a Pilot Virtual Training Community to Raise Awareness of Trauma Informed Care In Human Services

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### Overview

#### The Training

A pilot initiative of a virtual learning community to spread awareness and utilization of a Trauma Informed Care approach in child behavioral health agencies in NY state.

21 agencies  
88 total individuals



#### Key Takeaway

Virtual learning communities are a practical model that facilitate learning and application of various approaches, including trauma informed care.

### Components

3 webinars

2 consultation calls

Evaluation + Additional Resources/Tools

Each agency (n=21) designated a Core Implementation Team (CIT) of ~3 members to provide direction and monitor support for TIC within the organization.

The goal of the learning community was to spread trauma informed care knowledge and evaluate the virtual learning community model as an effective training method.

### Evaluation



n=21 agencies

75% of the agencies had partial to full participation, with 1+ members of the CIT participating consistently, indicating **the LC was overall well-attended.**



n=28 participants

The ARTIC (Attitudes Related to Trauma Informed Care) Scale showed a **significant increase in attitudes** between pre and post-test, suggesting a heightened awareness of trauma-informed care principles.

### Feedback & Looking Forward



Participants stated that "... RISE-LC help[ed] us **assess our current situation [and] put our ideas into action.**"



In addition, "[The] opportunity for **communication with fellow CIT members...support and communication with [the] RISE team...**" were indicated as the **most helpful part of RISE-LC.**

Virtual Learning Communities are a **well-attended and useful training/technical assistance method** that facilitates learning and utilization of trauma informed care principles.



Virtual Learning Communities are also **cost-effective** compared to in-person trainings or consultation.

