

Questions	Completely Agree	Somewhat Agree	Neither Agree nor Disagree	Somewhat Disagree	Completely Disagree	Not sure
1. In our family, we have clear rules that work.						
2. Our family rules are agreed upon by all family members.						
3. There are clear and consistent consequences of following family rules.						
4. Everyone in our family feels heard.						
5. When our family has disagreements, we avoid saying hurtful things.						
6. In our family, if we have difficulties communicating, we know how to address the breakdown.						
7. Every family member understands their responsibilities to support the success of our family.						
8. Everyone in our family understands how they play a part in addressing family problems.						

9. Every family member meets their responsibilities.						
10. In our family, we feel close to each other.						
11. My family pulls together when things are stressful.						
12. Our family enjoys spending time together.						
13. In our family, we talk about our problems.						
14. Our family knows how to identify stressful events and how they affect us.						
15. Our family is dealing with a lot of stress.						
16. Our family knows how to identify when more support is needed.						
17. Our family has friends and other family members that support us.						
18. Everyone in our family knows how to ask for help outside of the family in a crisis situation.						